



# UKOPRA Bulletin - Helmets

## Bulletin – Helmets/25/04/25

Please note 2025 UKOPRA Rules update to helmets, Section 5.10 Safety Equipment to wear.

### 2) Helmets

#### Standard

Helmets must conform to British Standard BS 6658:1985 or UNECE Regulation 22.06 - The wearer is solely responsible for ensuring the helmet's effectiveness.

***Flip-front helmets are prohibited.***

#### Use

- All individuals aboard any boat participating in races must wear an appropriately sized, orange-coloured helmet throughout the race and during practice runs.
- Helmets may only be removed when making repairs and the boat is “off plane.”

#### Race Numbers on Helmets

- Each crew member’s helmet must display their boat’s race number on the top surface, legible from the rear.
- The numbers must be at least 75 mm in height and match the style of the boat’s race number.
- They must be painted in waterproof black paint or made of black, self-adhesive material of sufficient durability.

John Moore

UKOPRA Chairman

21<sup>st</sup> April 2025